



Creating Success In Spite of a Debilitating Disease

Show Notes

As a listener of this show you're likely a corporate escapee out on your own building a solo professional practice or you're currently in a corporate job and secretly plotting for the time you'll go over the wall.

I know you dream of flexibility and freedom to do what you love most....that mission that's been put on your heart and focusing on doing the work that brings you the most joy.

That's what today's guest wanted too.



Lisa Cohen is a self-proclaimed "escaped" lawyer, who worked in the independent music business and then pursued her passion for photography. Diagnosed with MS in 2001, she learned to live an empowered life in spite of vision and mobility impairment.

A Bike MS Champion and volunteer for the MS Society, former Managing Director of the nonprofit Makeover Your MS, and author of "Overcome the BS of MS," she now provides support

and coaching services through her Rockstar Women With MS. Her mission: To help empower women with MS so they can get back to the lives they were meant to live.

When I saw Lisa featured on Yahoo Lifestyle I knew I had to have her on the show so she could share her journey and how she's helping women deal with the BS of MS.

So listen in as Lisa shares:

- How she dealt with her diagnosis
- The need she recognized that was unaddressed by the support and advocacy groups whose meetings she attended
- The problem she sees with support groups and why they weren't right for her
- What she now recognizes as her mission
- And how your true calling and audience lies somewhere connected to your wound

As always listen all the way to the end where I'll share your cocktail exercise and action step for this episode.